



Card sorting grid

Relationships Education	
Sex Education	
Health Education	





Rank in order of importance...

	Health Education	Relationships Education	Sex Education
1			
2			
3			





Cards for Relationship Sex and Health Education

1. Children may not have experiences of strong positive relationships from their home context	2. The feelings of bare skin-on-skin and orgasms are amazing	3. We have an epidemic of loneliness in our country	4. Children need to know where babies come from
5. When we are with our friends and family is when we have the best laughs and the most fun	6. Through our relationships we learn to be less selfish	7. Children need to know how to protect themselves from harm and be able to discern what behaviours might harm others	8. Children need to be able to rehearse the language of relationships: to have modelled and practised what to say and how to behave in certain contexts
9. Children need to know and be able to name the parts of the body related to reproduction	10. Children need to have a healthy care for themselves and for others; if they have good self-esteem they will be in a position to hold another in positive regard	11. When people are interviewed in hospices they often say “I wish I’d spent more time with my family”; good relationships are the most important factor for a fulfilling life	12. Long-term committed relationships such as marriage lead to better economic success for the individuals within them
13. Through sexual intimacy we receive and give comfort, joy and affirmation; we can create life both literally and metaphorically	14. Children need to have strategies and ways of responding when relationships go wrong	15. We have an epidemic of obesity in our country	16. Children need to understand how to maintain a healthy body which will help them to sustain a healthy mind and they need to appreciate the link between the two
17. Children need to be able to understand their feelings and to manage and understand appropriate behaviour; they should appreciate the impact of their behaviour on others	18. Pupils need to know that it can be ok to say “no” to unwanted touch and that they need to ensure that they feel safe and can choose	19. Our bodies are precious gifts and we should learn to look after them	20. Many people’s lives are limited and shortened because of alcohol or tobacco

